

# appleseed

all meals  
available until 2:30pm

## brekkie

---

**appleseed big brekkie (GFO)** – 25

toasted ciabatta w two free range eggs - poached, fried or scrambled w local bacon, pork sausage, roasted tomato, hash browns + roasted mushrooms

**appleseed baked beans** – 21

slow cooked in a rich smokey ham sauce w poached free range eggs, salsa verde + fresh parmesan on toasted ciabatta

**eggs benedict (GFO)** – 20

english muffin w two free range poached eggs, leg ham, sautéed spinach + hollandaise

**eggs on toast (GFO)** – 14

two free range eggs - poached, fried or scrambled w toasted ciabatta

**gluten free granola (GF, VEO)** – 15

house made granola w natural yoghurt + local fruit compote

**bacon + egg burger (GFO)** – 19

local bacon w two fried free range eggs, cheese + relish on a toasted bun

---

smoked salmon - 8

pork sausage - 5

leg ham - 5

tomato relish - 2

hash browns - 4

roasted tomato - 4

bacon - 6

smashed avo - 5

haloumi - 5

extra egg - 3

roasted mushrooms - 4

sautéed spinach - 4

## sandwiches & more

---

**haloumi bruschetta (V, GFO)** – 20

pan-fried haloumi w hummus, cherry tomato, olive + pickled onion salad w salsa verde + house made dukkah

**brekkie burrito** – 22

bacon, breakfast sausage, scrambled eggs + hash browns w sour cream, avocado, hot sauce + cheese wrapped in a warm tortilla

**southern fried chicken burger** – 24

crispy fried chicken, slaw, pickles, swiss cheese + buffalo sauce w rustic fries

**vegan schnitzel sanga (VE)** – 20

plant based schnitzel w vegan cheese, avocado, tomato, lettuce + smokey chipotle mayo on toasted ciabatta

**ultimate smash burger (GFO)** – 24

double brisket pattie, double cheese, grilled onions, dill pickles + burger sauce on a toasted bun w rustic chips

our kitchen processes ingredients containing allergens. while we take all due care, we cannot guarantee that traces may not be present. we are also not able to guarantee that our fried items are 100% gluten free.

## bowls & mains

---

**roasted pork belly bahn mi bowl** – 24

rice noodles, avocado, pickles, sweetcorn salad, slaw, spring roll + nuoc cham dressing

**smoked salmon crepes** – 22

warm crepes w harris smoked salmon, sautéed spinach, asparagus salad + herby creme fraiche

**zucchini, corn + haloumi fritters (GF)** – 20

crispy fritters w romesco, smashed avocado, roasted corn salsa + house made dukkah

**soup of the day**

please see our specials for todays soup

**south aussie flathead** – 26

coopers ale battered SA flathead fillet w chips, tartare, lemon + garden salad.

**vegan shepherds pie (VE GF)** – 25

plant based ragu, slow cooked in rich tomato + herb sugo topped with mashed potato + served w garden salad

**chicken + leek pie** – 25

roasted chicken, leek + veggies in a creamy reisling sauce w herb + stuffing crust served w garden salad

---

**RUSTIC CHIPS W SAUCE OR AIOLI** – 12

**WEDGES W SOUR CREAM + SWEET CHILLI SAUCE** – 12