

appleseed

all meals
available until 2:30pm

appleseed big brekkie (GFO)

two free range eggs on toasted ciabatta w bacon, haloumi, roasted roma tomato, hash brown + roasted mushroom
+ 2 for scrambled eggs

appleseed eggs benedict (GFO)

toasted english muffin w local ham, free range poached eggs, sautéed spinach + hollandaise sauce

eggs on toast (GFO, V)

two free range eggs w ciabatta - poached, fried or scrambled
+ 2 for scrambled eggs

haloumi bagel (GFO)

grilled local haloumi w smashed avocado, parmesan crunch, hot honey mayo + salad on a toasted house made bagel

bacon + egg burger (GFO)

fried free range eggs w double bacon, double cheese + tomato relish on a soft toasted bun

brekkie burrito

bacon, scrambled eggs + hash browns w sour cream, avocado, buffalo sauce + cheese wrapped in a warm tortilla

avocado bruschetta (VE, GFO)

smashed avo, cherry tomatoes + pickled onion on toasted house made focaccia w salsa verde + dukkah

smoked salmon - 8	bacon - 7	roast mushroom - 5
leg ham - 6	smashed avo - 6	haloumi - 6
tomato relish - 2	extra egg - 4.5	hash browns - 5
sautéed spinach - 4	roasted tomato - 5	tomato/bbq/aioli - .5
GF toast/bun - 3	hollandaise sauce - 3.5	

- 29	lamb shakshuka (GFO) two free range eggs baked in rich lamb + tomato sauce w fetta, dukkah + toasted house made focaccia	- 28
- 27	vegan chorizo quesadilla (VE) smokey house made vegan chorizo + cheese in a toasted tortilla w romesco, smashed avocado + sweet corn salsa	- 27
- 17	smoked salmon crepes south australian smoked salmon w crepes, warm potato, green bean + cherry tomato salad + olive tapenade	- 27
- 23	chicken madras (GFO) local chicken slow cooked in rich indian curry sauce w cauliflower, steamed rice, raita + house made garlic naan	- 28
- 23	zucchini, corn + haloumi fritters (GF, V) crispy fritters w romesco sauce, smashed avocado, roasted sweet corn salsa + dukkah	- 25
- 27	appleseed smash burger (GFO) smashed brisket pattie w bacon, fried egg, cheese, salad + burger sauce on a toasted bun w rustic chips	- 29
- 25	southern fried chicken burger crispy fried free range chicken w pickle ranch, buffalo sauce + salad on a soft bun w rustic chips	- 29
	spring nicoise salad (VEO, GF) warm kipfler potato w green beans, cherry tomato, edamame, green olive aioli, pickled fennel, lettuce + a soft poached egg + add fried chicken - 9 + add smoked salmon - 8	- 23

RUSTIC CHIPS w SAUCE OR AIOLI	- 12
WEDGES w SWEET CHILLI SAUCE + SOUR CREAM	- 13

we cannot guarantee suitability for coeliac requirements
we use ingredients containing allergens +
cannot guarantee that traces may not be present