

breakfast  
8am-11:30am



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## appleseed cafe

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### **appleseed big breakfast (GFO) - 21**

toasted sourdough w free range eggs, (poached, fried or scrambled) local bacon, chorizo sausage, grilled tomato, roasted mushroom & crispy potatoes

### **appleseed vegan breakfast (VE, GFO) - 21**

silken tofu scramble on toasted sourdough w roasted mushrooms, grilled tomato, sautéed spinach, crispy potatoes & avocado

### **eggs on toast - 11 (GFO)**

toasted sourdough w two free range eggs (poached, fried or scrambled)

### **appleseed benedict - 17**

english muffin w poached free range eggs, local ham, sautéed spinach & hollandaise sauce

### **brekkie sando - 13**

thick cut local bacon, fried free range eggs, swiss cheese & bbq sauce on a toasted turkish roll

### **avocado bruschetta (VE) - 17**

fresh avocado w beetroot jam, dukkah, toasted sourdough & herb oil

### **THE bagel - 18.5**

toasted bagel w scrambled egg, harris smoked salmon, avocado & apple cider hollandaise

### **haloumi, ricotta & mint fritters (V, GF)- 17**

broad bean smash, herbed yoghurt, cherry tomato & sweetcorn salsa

### **snickers granola (VE) - 14**

salted caramel, maple roasted oats & peanuts, fresh fruit & coconut yoghurt

### **appleseed citrus crepes - 16.5**

Three crepes w lemon curd, fresh fruit & orange cointreau syrup

### **add ons**

local bacon - grilled chorizo sausage - harris smoked salmon - avocado - 5  
roasted mushrooms - grilled tomato - crispy potato - sautéed spinach - 3.5  
hollandaise - one extra free range egg - 2  
one extra piece of toasted sourdough - 1.5